

## **CURRICULUM VITAE (CV)**

**SIXTUS RUYUMBU SAFARI**

- **EDUCATION BACKGROUND:**

**2010-2012** Muhimbili University of Health and Allied Sciences-MUHAS

**Degree: Master of Science in Critical Care and Trauma Emergencies**

**2004-2008** Muhimbili University Of Health and Allied Sciences (MUHAS)

Degree: **Bachelor of Science in Nursing (BSc. N)**

**(Upper Second Class Degree –Honours)-3.1 GPA**

**1996-1998:** Byumba Secondary School(A-Level).

Combination-Physics, Chemistry &Biology (PCB)

Certificate           Advanced Certificate in Secondary Education Examination  
(ACSEE)

**1992-1995:** Byumba Secondary School (O-level).

Certificate   Certificate of Secondary Education Examination (CSEE)

Subjects       Sciences

**1985-1991:** Mapambano Primary School.

Certificate   Certificate of primary Education Examination (CPEE)

## **COURSES, TRAININGS, SEMINARS AND WORKSHOPS:**

**2021:** I attended the 16<sup>th</sup> Emirates Critical Care Conference held in Dubai, United Arab Emirates where I was invited as a speaker on the current treatment guideline in management of severe traumatic brain injury

**2019:** I attended the World Congress of Intensive Care Scientific conference which was held in Melbourne, Australia where I did paper presentation on management of severe traumatic brain injury using induction hypothermia

**2018:** I attended the African Federation of Critical Care Nurses (AFCCN) scientific conference which was held in Mombasa, Kenya where I was awarded a Certificate for attendance.

**2018:** Participated in development of the NTA levels for nurses current utilized in Tanzania

**2016:** I attended African Federation of Emergency Medicine (AFEM) scientific conference which was held in Cairo, Egypt where I was awarded two certificates; one for participation and another for presentation.

**2016:** I participated in development of Job Listing and Job Description for nurses in Tanzania

**2015:** I participated in development of Scheme of Services for all nursing cadre which is awaiting approval from President's Office

**2015:** I successfully completed six months training in critical care nursing which was conducted at Yonsei University Health System, Severance Hospital Seoul, South Korea. The program was sponsored by Korean Foundation for International Health (KOFIH).

**2014:** I successfully completed one week Training on Comprehensive monitoring and supportive supervision in HIV/AIDS, Training was supported by Walter Reed Program. And I have been participating in several outreach programs supported Walter Reed program. Also since 2014 until recently, I have been selected as

clinical instructor and Mentor in Voluntarily Medical Male Circumcision (VMMC) and I have trained more than 300 medical personnel under this program.

**2013:** I successfully completed one week training on Recent Comprehensive Prevention and management of HIV/AIDS and option B+. The training was conducted and coordinated jointly between Ministry of Health and Social welfare-MOHSW, and Walter Reed Program (WFP).

**2013:** I successfully completed two weeks training in BLS, ACLS and honored a certificate in both BLS and ACLS which was conducted by Emergency Medicine Association of Tanzania

**2012:** A fully finished a course in Quantitative Methodology conducted by Muhimbili University of Health and Allied Sciences through its MUHAS – HAVARD collaboration Project.

**2010:** I successfully attended/participated in the training course titled **Comprehensive Management of HIV/AIDS**, covering overview of HIV, Laboratory testing, stigma and discrimination, pathophysiology, HIV/AIDS Prevention, opportunistic infections, comprehensive care in multi disciplinary team, introduction in care and treatment, ART, Immune Reconstitution Syndrome ARV side effects, TB/HIV, drug-drug interaction, Pediatric HIV, GBV, Nutrition HIV, PMTCT and FP, ART resistance and PEEP. The training was held at Mbeya Referral Hospital and was funded by MOHSW in association with Walter Reed Program (WFP), 2010.

**2010;**I attended a training course of Trainer of the Trainer (TOT) on comprehensive management and prevention and control of HIV/AIDS among the

health care providers/workers in the health sector conducted by the Ministry of Health and Social Welfare (MOHSW).

**2007:** A computer Course covering computer Application Programmes, i.e. MS WORD, EXCEL and basic SPSS and EPI INFO.

## **WORK EXPERIENCE:**

### **Current Employment and appointments**

2022: Newly elected as Chairman of Tanzania Critical Care Nurses Association (TCCNA)

2022: Board Member, African Federation of Critical Care Nurses

November 2009-2021: I am working under MOHSW at Mbeya Consultant Hospital as clinical nurse specialist.

November 2019 until recently: I'm also working with University of Dar Es Salaam School of Medicine as Senior Clinical Lecturer

November 2018-, I co-founded Tanzania Critical Care Nurses Association (TCCNA) and I am also the Secretary of that association with registration number S.A 21567

### **Past working Experience**

**September 2008-September 2009-**I successfully finished my twelve months internship programme at Mbeya Referral Hospital, Mbeya.

## **RESEARCH EXPERIENCE:**

I have already conducted three research Projects in the following area.

**Prevalence of Tuberculosis in patients attending CTC clinic at Mwananyamala District Hospital 2008 (Unpublished)**

Donor-The Higher Education Students Loan Board (HESLB)

**Perceptions and challenges of using Emergency Triage Assessment Treatment Guideline in Emergency Department at Muhimbili National Hospital, Tanzania**

Donor- Ministry of Health and Social Welfare and NOMA (Norwegian funding organization 2012 (published)).

**Does Therapeutic Hypothermia reduces mortality rate and improve neurological outcome? A systematic review study 2018 (published).**

**Essential of Emergency and Critical Care a consensus among Global Experts 2020 as collaborator (published)**

**PERSONAL ATTRIBUTES:**

Decisiveness, High flexibility, Capability to influence persons at all levels, Sound knowledge on Community mobilization, Initiative and ability to work with minimum supervision, Comfortable in presentation of information to large and varied audiences, Computer literacy in Microsoft office (WORD, EXCEL),EPI-6,EPI200,NVIVO soft ware and Internet, Skilled in project planning and management and able to work in team of diverse background and Nationality.